

Available for UHC plan participants only unless noted by \*\*



# Virtual support designed for you and your family.

No matter where you are on your reproductive, family planning or family health journey, Maven and Fertility Solutions Plus are here. Get free 24/7 virtual access to top-rated providers via video appointments, messaging, and classes—all from the comfort of your home—and clinical care from experienced fertility nurses.\*



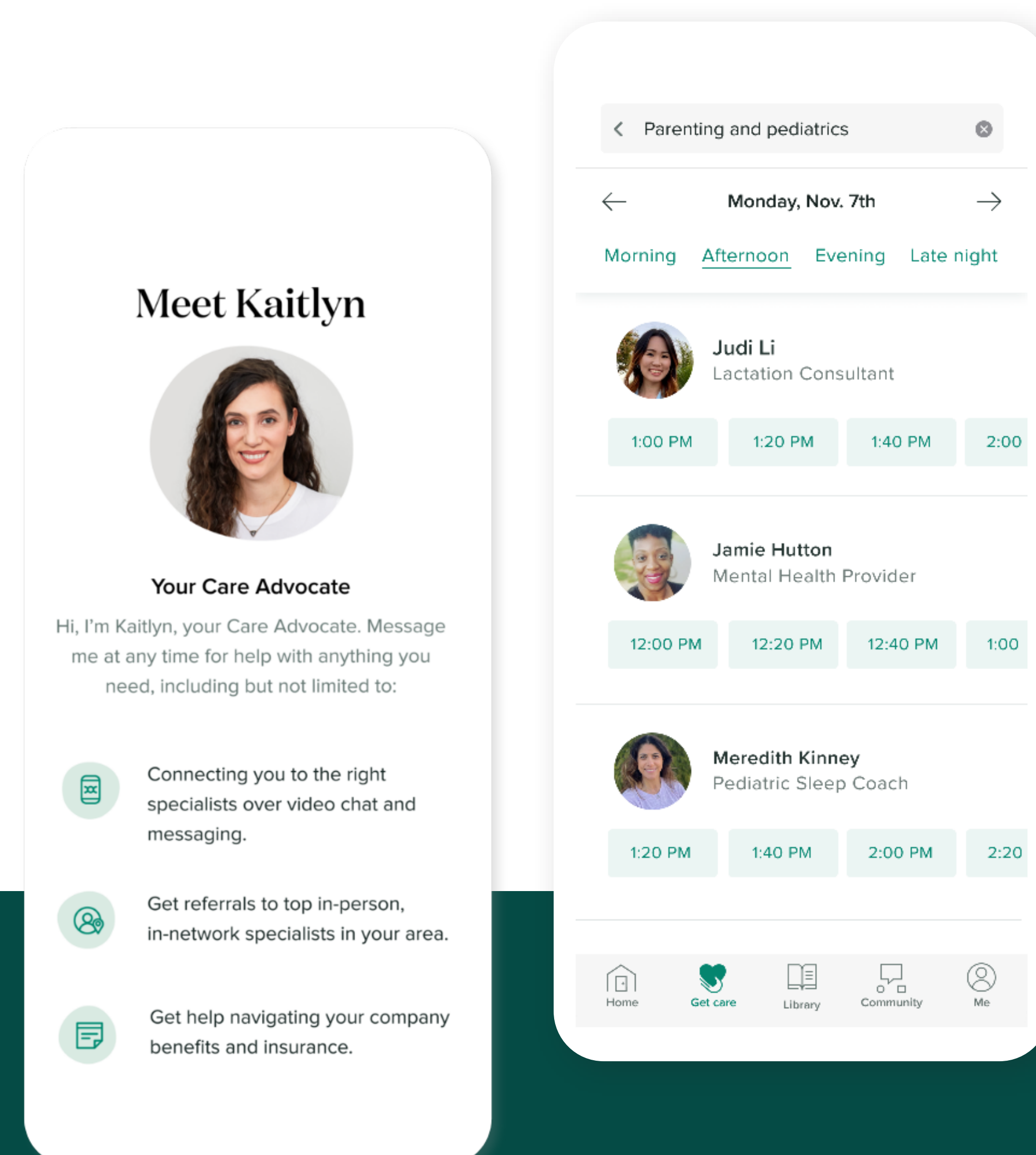
## Personalized support for every step of your journey:

Fertility & Family Building	Maternity & Newborn Support	Parenting & Pediatrics	Menopause & Ongoing Care
Preconception	Pregnancy	Pediatric specialists	Perimenopause
Fertility preservation	Birth planning	Parent coaching	Menopause
Reproductive endocrinologists	Doula support	Family medicine	Postmenopause
IUI & IVF support	Infant sleep	Special needs support	Early intervention
<b>Adoption &amp; surrogacy**</b>	Lactation consultants	Childcare navigation	Symptom management
Male fertility	Return-to-work coaching	Behavioral support	Mental health
<b>Mental health**</b>	Miscarriage & loss	Mental health	Wellness coaches
<b>Expense management**</b>	Mental health		Career coaching

\*\* Highlighted services do not require enrollment in a UHC health plan

## Your membership includes:\*

- A personal Care Advocate who serves as a trusted guide to help you navigate our platform, connect you with providers, and will be by your side through every step of your family journey
- An experienced Optum fertility nurse who can provide information about treatment options and help find Fertility Centers of Excellence to get care
- On-demand video chat and messaging with doctors, nurses, and coaches across 35+ specialties, including fertility, mental health, and pediatrics
- Reimbursement support for eligible adoption and surrogacy expenses via Maven Wallet



Activate your free membership by scanning the QR code, downloading the Maven Clinic app, or visiting [mavenclinic.com/join/getsupport](https://mavenclinic.com/join/getsupport).

\*The above programs are **support services** only. Employees enrolled in the UHC Tiered or One Step plan are eligible for all Maven programs above. UHC Network Plan participants are eligible for all Maven support programs. As a reminder infertility treatment is not covered under the Network Plan. Other program eligibility guidelines may apply.

\*\*Available to US benefits-eligible employees. Medical plan enrollment not required.

